

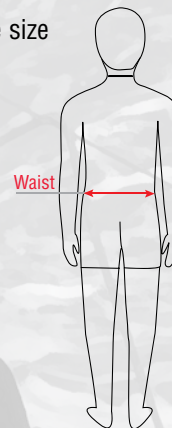
## Men's Shorts Sizing Chart

**Step 1:** Determine your Waist measurement as illustrated in the diagram. NOTE: When taking waist measurement, measure where the shorts will sit on the waist.

**Step 2:** Cross reference the measurement to the appropriate size listed in the table below.



	Waist	
	in	cm
30	28-31	71-79
32	31-33	79-84
34	33-35	84-89
36	35-37	89-94
38	37-39	94-99
40	39-41	99-104
42	41-43	104-109



### Around the Waist

The fit around your waist should be snug. The fabric used in these shorts is very forgiving with a high amount of stretch.

### Around the Hips

Fit can be anywhere from loose to fitted around the hips. Even when choosing a more fitted look, ease of movement and high mobility are retained due to the high stretch properties of the fabric.

### General Fit

Depending on waist size and whether or not a belt will be used, we suggest leaning towards a smaller waist size. If a belt will be used and a looser fit is preferred, lean towards your natural waist size (or larger) when making a selection.